



*"We partnered with Coach Cayme to increase engagement through customized virtual workshops. Within 18 months, our engagement was 10x'd and our employees were thanking us for bringing her in."*

*- N. Mann, Wellness Administrator  
City of Charlotte*

# CAYME ANDREA

AUTHOR | TRAINER | SPEAKER | COACH

CEO of Catalyst Global, LLC  
headquartered in Charlotte, NC and  
founder of The Catalyst Coach Academy

Cayme Andrea, affectionately known as Coach Cayme, is a widely sought-after speaker and successful coach. Her high-energy, information-packed sessions, will raise awareness and leave participants primed, energized, and armed with clarity and focus to produce maximum results. Coach Cayme ensures there is never a dull moment. She engages the audience with laughter, reflection, and inspiration while sharing tools of success! As a professional speaker and credentialed coach holding an MS in management and leadership, Coach Cayme has an amazing ability to challenge perspectives, disrupt comfort zones, and dissolve excuses while making a connection to every person in the room.

## CAYME ANDREA IS AVAILABLE FOR:



Keynotes



Workshops



Retreats



Breakthrough Sessions

## IN THE PRESS



## BOOK CAYME ANDREA

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*"...a dynamic & engaging speaker. Her energy pulls you in and you walk away equipped & inspired to do and be better."*

## CAYME ANDREA'S SPEAKING TOPICS

### THE 4 RULES OF ENGAGEMENT®

In her signature interactive keynote or workshop, The 4 Rules of Engagement®, Cayme Andrea will break down the keys to having a fully integrated, fulfilled life. When you learn how to apply these 4 rules not only will you become more effective in your role, you will live and lead more authentically from your values.

### SIX INCHES... IT'S WHAT YOU DO WITH IT THAT MATTERS

In this interactive keynote or workshop, you will see how you are simply 6 inches away from your next level of success. Cayme Andrea will share the secrets to manipulating, maximizing, and, mastering your six inches so you have the business and career that you crave.

### FAST TRACK YOUR SUCCESS

In her keynote or workshop, Cayme Andrea shares a proven system to help you fast-track your success. You may know what to do and sometimes even know how to do it effectively, but many leaders have yet to connect to the magic behind it all. Studies say that professionals who work in a career that gives them a sense of purpose have better health, longer life, and more satisfying careers.

### PARTIAL CLIENT LIST



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